



# DEVELOP THE INDIVIDUAL POTENTIAL AND PERSONAL CHARACTERISTICS OF YOUR STAFF LEADERS INTO GREAT LEADERS



## Effective Personal Leadership (EPL)

Effective Personal Leadership is a course that changes lives. Participants are quickly motivated to enhance their leadership management skills, create a culture of inspiration and motivation, refocus careers and explore new directions.

Organisations that allow people to develop their individual potential and personal leadership characteristics produce highly motivated and self confident managers and leaders.

The Effective Personal Leadership course builds on existing strengths and focusses on the required attitude and behavioural changes needed to cope with the pace and fast-changing nature of modern life and business.

### THE EFFECTIVE PERSONAL LEADERSHIP (EPL) COURSE IS THE KEY TO ACHIEVING THIS.

- Develop clarity, vision and purpose.
- Define their personal values and goals.
- Understand and implement actions to strengthen attitudes and behaviours.
- Develop and implement an Action Plan for their life.
- Strengthen Emotional Intelligence.
- Become strong leaders, mentors and coaches.
- Take charge of their own personal development.
- Increase personal and team productivity.
- Create a culture of inspiration and motivation.
- Have a greater impact on their organisation's future.
- Achieve their full potential.

Here is what some of LMA's participants have said about the EPL course.

**"Found the course an eye opener  
and lead me to deep thought  
and encouraged action on self  
development."**

*Nita Fernando, ANZ Banking Group*



## Empowered people. Better results.

### INCREASED SELF-AWARENESS AND CONFIDENCE

"I suppose the biggest changes for me have occurred in my levels of self awareness and the knowledge that I do possess a great deal of personal leadership skills that have been in need of some fine tuning. This course is simply the stepping stones of a life long journey and how you continue to use it in everyday life is the important key to a successful life in both personal and business situations."

*Daniel Gerwien, The Laminex Group.*

### UNCOMPLICATED PROVEN TECHNIQUES

"A most rewarding and enjoyable program. An honest look and self appraisal of where I am and where I want to be. This course provides the structure through uncomplicated proven techniques and teachings to achieve personal development that drives you to get where you want to be."

*David Gilder, Korvest Galvanisers.*

### TAKEN OUT OF THEIR COMFORT ZONE

"I felt like I have been taken out of my comfort zone during the entire course but it is exactly what I needed. My self-awareness grew to levels I had never experienced and I feel much more in control of myself."

*Matt Fisk, Tabcorp.*

### UNLIKE ANY OTHER COURSE

"The level of interaction with other people is unlike any other course I've ever attended. It was highly enjoyable to be able to question, discuss and debate the topics openly within a comfortable environment. I feel the weekly sessions have achieved far more than having a day or week long session"

*Michael Madden, ANZ Banking Group.*

**"The course has been a journey in self discovery. The clarity of thinking I can achieve when I use the goal planning process to define and visualise the achievement of my personal and business goals is an empowering experience."**

*TCaitlyn Lawrence, Brice Metals Australia*

what they are saying so that I can respond to them. The course was open and enlightening mainly due to everyone's involvement and willingness to participate."

*Peter Lindstrom, Advanced Precast (Aust)*

### ACHIEVING BETTER TEAM RESULTS

"The measurable results for me were getting people to achieve the same or better results without needing to use the fear factor, and for personally learning how to listen to people and hear

**"The LMA Course provided a great opportunity to centre myself; to establish my own value system and my own goals that align with these values. I would recommend this course to other managers or people who aspire to be managers, as I feel that personal leadership is an essential and valuable prerequisite to the leadership of others."**

*Brian Heath, Institute of Medical & Veterinary Science Head Office (IMVS)*

To discuss how we can help you achieve exceptional results in your organisation, contact us on (Aust) 1800 333 270 or (NZ) 0800 333 270 or visit [www.lma.biz](http://www.lma.biz)

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